

Genesee Valley Quilt Club

WITH

Aurora Sewing Center

PRESENTS

Genesee Valley

QuiltFest

May 15 -17, 2026

**WORKSHOPS
AND
LECTURES**

www.geneseevalleyquiltfest.com

Rochester, NY

Featured Quilt - "Cosmic Explosion" by Nick Williams



May 15 -17, 2026 Workshops, and Lectures

Instructors:

Kate Colleran, Sue Heinz, Linda Hunter,
Dina Newbert, David M. Taylor

SHOW SITE, WORKSHOPS AND LECTURE LOCATION
RIT Campus- Gordon Field House
1 Lomb Memorial Drive, Rochester, NY

WORKSHOPS AND LODGING
RIT Inn and Conference Center
5257 West Henrietta Road, Henrietta, NY

Show Hours

Friday	May 15	9:00 - 5:00
Saturday	May 16	9:00 - 5:00
Sunday	May 17	10:00 - 4:00

Workshop Etiquette

As a courtesy to your classmates and instructor:

- Turn off cell phones during workshops and lectures
- Be prepared to set up and start the workshop on time
- Be fragrance-free
- Request permission from the instructor to photograph class projects

Lodging

Lodging is available at RIT Inn and Conference Center - <https://www.rit.edu/ritinn/>
Mention QuiltFest for discounted room rates.

(Limited number of discounted rooms available until April 20, 2026)

Visit our website at www.geneseevalleyquiltfest.com to register!



Workshops and Lectures Schedule

Registration open to members October 1, 2025
and non-members November 1, 2025

Thurs.	5/14	9:00-4:00 pm	RIT Inn	Workshop	Heinz	“Fill Harmonics”
Fri.	5/15	9:00-4:00 pm	RIT Inn	Workshop	Taylor	“Pictorial Hand Appliqué”
Fri.	5/15	9:00-4:00 pm	RIT Inn	Workshop	Hunter	“Carpenter Star”
Fri.	5/15	9:00-4:00 pm	Show Site	Workshop	Colleran	“Spiral Galaxy”
Fri.	5/15	10:30 am	Show Site	Lecture	Newbert	“Winning Quilts Tour”
Fri.	5/15	11:00 am	Show Site	Lecture	Heinz	“360 ° Free-Motion Grid Designs”
Fri.	5/15	1:30 pm	Show Site	Lecture	Newbert	“Winning Quilts Tour”
Fri.	5/15	2:00 pm	Show Site	Lecture	Heinz	“A Friend Named Elmer”
Sat.	5/16	9:00-4:00 pm	Show Site	Workshop	Colleran	“Break Out- Modern Log Cabin ”
Sat.	5/16	9:00-4:00 pm	RIT Inn	Workshop	Taylor	“Turned Edge Machine Appliqué”
Sat.	5/16	9:00-4:00 pm	RIT Inn	Workshop	Heinz	“Fast & Fabulous Free-Motion Grids”
Sat.	5/16	11:30 am	Show Site	Lecture	Newbert	“Sustainable Quilting”
Sun.	5/17	11:00-2:00 pm	Show Site	1/2 Day Workshop	Colleran	“Fun with Braids Table Runner”

Fees

Full-day Workshops
Members - \$125
Non-members - \$150

Lectures - \$20

Half-day Workshops
Members - \$75
Non-members - \$90

Workshop sizes are limited.

Cancellation and Refund Policy

If it becomes necessary for QuiltFest to cancel a workshop or lecture, all registrants will receive a refund equal to the amount they paid for the workshop, or lecture.

Withdrawal and Refund Policy

Should a registrant need to withdraw from a QuiltFest workshop or lecture, the following procedure and refund schedule will be followed:

The registrant must notify the Workshop Registrar of withdrawal by phone (585) 704-0101 as soon as possible.

100% refund will be made if the Registrar is notified by March 31, 2026.

0% refund for withdrawals after March 31, 2026.



Sue Heinz

Thursday, May 14, 2026
9:00am - 4:00pm
RIT Inn and Conference Center

Workshop
\$125 Members
\$150 Non-Members

"Fill Harmonics - A Drawing and Machine-Based Quilting Workshop"

Discover a symphony of harmonious background designs that group well together on any type of quilt – or use just one for a dramatic textural effect. You'll draw and sew an array of free-motion and grid pattern backgrounds while Sue demonstrates with step-by-step illustrations and how-to hints. Your next quilt will be shouting, "Bravo!"



Supplies Needed:

- Bring your own machine, cleaned and well-oiled, your power cord, a basic sewing kit, and an extension cord.
- QuiltFest will be supplying full-sized irons.
- Darning foot (free-motion foot). An open-toe darning foot works best if you have one.
- Extension table - if you own one.
- At least 6-8 well-starched fat quarters. Solid colors only! See prep instructions below.
- At least 3, 20"x24" pieces of cotton, 80/20 or wool batting. (More if you bring more fabric).
- Schmetz (or similar brand) embroidery needles, size 75/11 if using poly thread, 80/12 if using cotton.
- 50 wt. cotton (such as Aurifil) or 60 wt. poly (such as Glide or Isacord) thread in a contrasting color.
- Bobbin filled with the same thread as above.
- Fabric marking tool – either chalk pencil, blue wash-out pen, purple air erase, etc. – something you can see on your fabric. Visibility is key! Thin, visible lines are best. My favorite? Crayola Ultra-Clean (fine line), washable markers – I use only the grey – less dye!
- Supreme Slider* if you own one.
- Sue's GridLiner+* for marking grid lines (or other– if you own one).
- *If you do not own these items, Sue will have them available in workshop for purchase. They are not, however, mandatory for workshop.
- Bring any hand guide notion you prefer - gloves, halo, pads, etc.
- Mechanical pencil (0.7mm) and a fine-point ballpoint pen, each with comfort grips for drawing.
- All other drawing supplies and handouts will be provided in the workshop.

Fabric Preparation:

1. There's no need to pre-wash fabrics for practice sewing.
2. We'll be sewing for 1-3 hours in the workshop. The instructions call for at least 6 fat quarters, which will give you 3 quilt sandwiches to start. If you'd like to sew quickly and would like to bring more, please do.
3. Starch your fabric very well before the workshop. Use starch, not 'Mary Ellen's Best Press' (or similar) which is sizing and mostly water. Spray the surface, flip the fabric over, then iron. Spray, flip and iron again. Then one more time! This gives a paper-like consistency to your fabric, enhanced accuracy in sewing and cutting, and smoother free-motion quilting!



Friday, May 15, 2026
9:00am - 4:00pm
RIT Inn and Conference Center

David Taylor

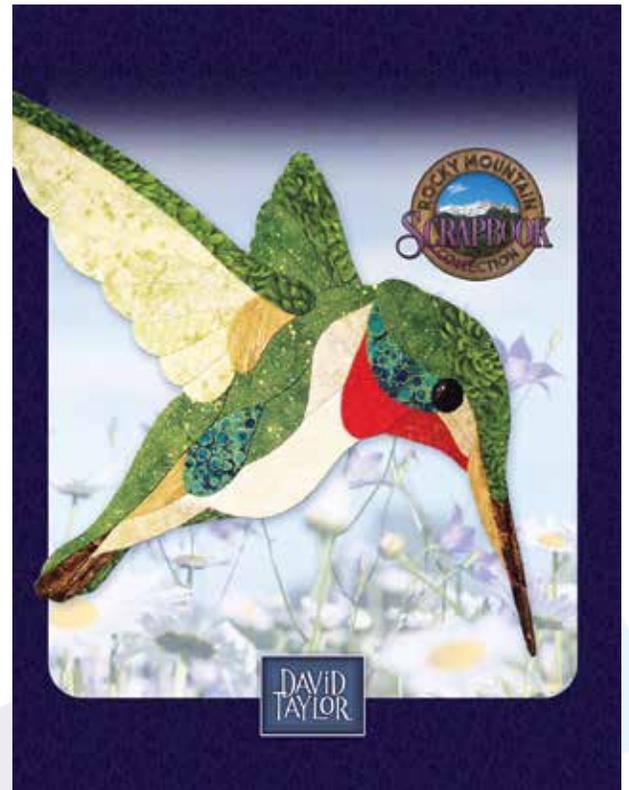
Workshop
\$125 Members
\$150 Non-Members

"Pictorial Hand Appliqué"

This workshop demonstrates my layered, hand-appliqué technique with simple appliqué shapes using freezer paper templates and liquid starch. This workshop will cover how I build my pictorial wall quilts and how to get beautiful details by letting the fabric choices do all the hard work.

Supplies Needed:

- Paper scissors and fabric scissors
- Hand-sewing needle: I use Bohin, Long Applique, size 10.
- Small appliqué iron and ironing surface. QuiltFest will be supplying full-sized irons.
- Hand-sewing thread: I use YLI Soft Touch cotton (60#).
- Appliqué pins: I use Bohin.
- Pencil or mechanical pencil
- Resealable plastic bag to hold appliqué shapes
- Finger Stiletto-(trolley needle, optional but very useful)



STUDENT KIT FEE PAYABLE TO INSTRUCTOR: \$30

Kit includes all prewashed fabrics needed for the block, fat-quarter background, pattern, full-color instructions, freezer paper templates and tracing paper for overlay.

Linda Hunter

"Carpenter Star --Design and Stitch"

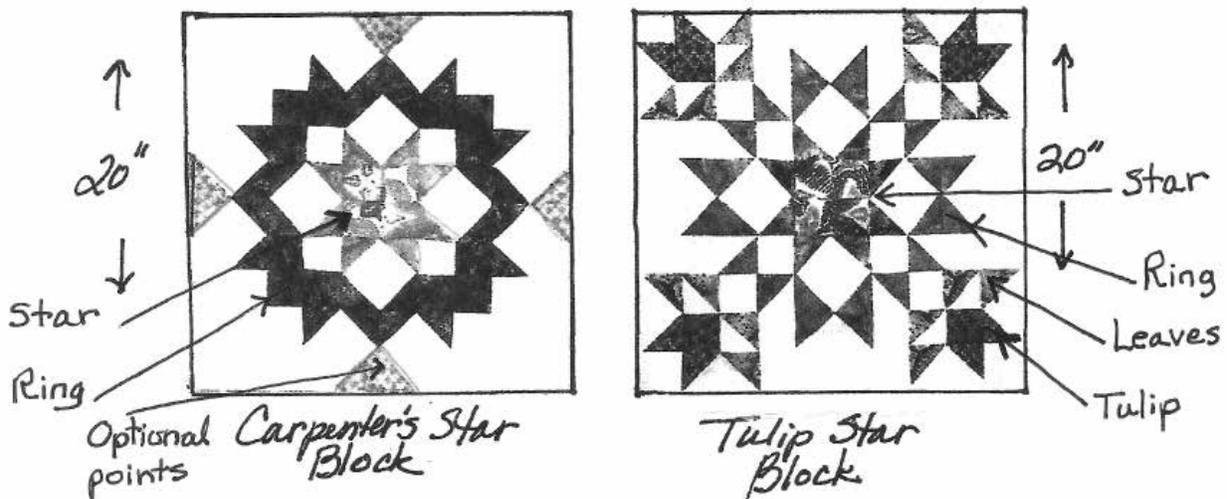
There are many variations of the Carpenter's Star block which have been popular since 1880. This block is also known as Carpenter's Wheel, Jewels in a Frame, Diamond Star and many others. The fabrics you choose, i.e. colors, solids, patterns, tones of the same color, and even scraps will enable you to create your own unique Carpenter's Star.

In this workshop, patterns for two very different 20" blocks will be provided along with complete piecing directions. The use of simple methods of construction will stimulate your imagination in creating your own blocks. An endless combination of squares, rectangles and half-square triangles are all possible to cut from 2 1/2" strips.



Supplies Needed:

- Sewing machine in good working condition
- QuiltFest will be supplying full-sized irons.
- Rotary Cutter, cutting mat and ruler 6"x12" is adequate. Different sized rulers are nice to have. A bias square ruler for trimming half-square triangles. EZ angle ruler to use with 2 1/2 strips. or Thangles 2.0" finished half square triangles are also helpful. www.thangles.com
- Basic Sewing supplies including (but not limited to): pins, needles, scissors, seam ripper, thread snips and pencils
- Carpenter Star Workshop Precutting Instructions- see next page



The workshop includes two blocks, Carpenter's Star and Tulip Star (my name for this block). Each block is 20" square, finished size, and may be used for a pillow, wall quilt, table topper or, with additional blocks a larger quilt. The blocks work well set edge to edge. For a larger project, find approximate fabric amounts by multiplying by your number of blocks.

Instruction for using your fabrics to create your own interpretation of each block, and directions for piecing blocks with half-square triangles, squares and rectangles by machine will be included in the workshop.

Fabrics need for ONE block:

Because blocks will be created with 2" finished size squares and rectangles, this is ideal for "Jelly Roll" style 2 1/2" strips. However, yardage, including fat quarters, and regular quarters may also be used. Multiple fabrics for both block sections and background will work. Just make sure that there is contrast between elements and background.

Stripes, one way prints and large prints are not recommended.

Amounts for each are given below:

Carpenter's Star Block

Ring: 2 strips, each 2 1/2" x @42" OR two coordinating medium and dark strips for a shaded look OR multiple fabrics for a scrappy look. Yardage - 1/4 yard

Center Star: one strip 2 1/2" x @42" OR fabrics to mix and match Yardage - 12" x 12"

Optional points on outside edge of block: one strip 2 1/2" x 18" Yardage - 8" x 8"

Background: 6 strips, each 2 1/2" x @42". Yardage - 1/2 yard

Tulip Star Block

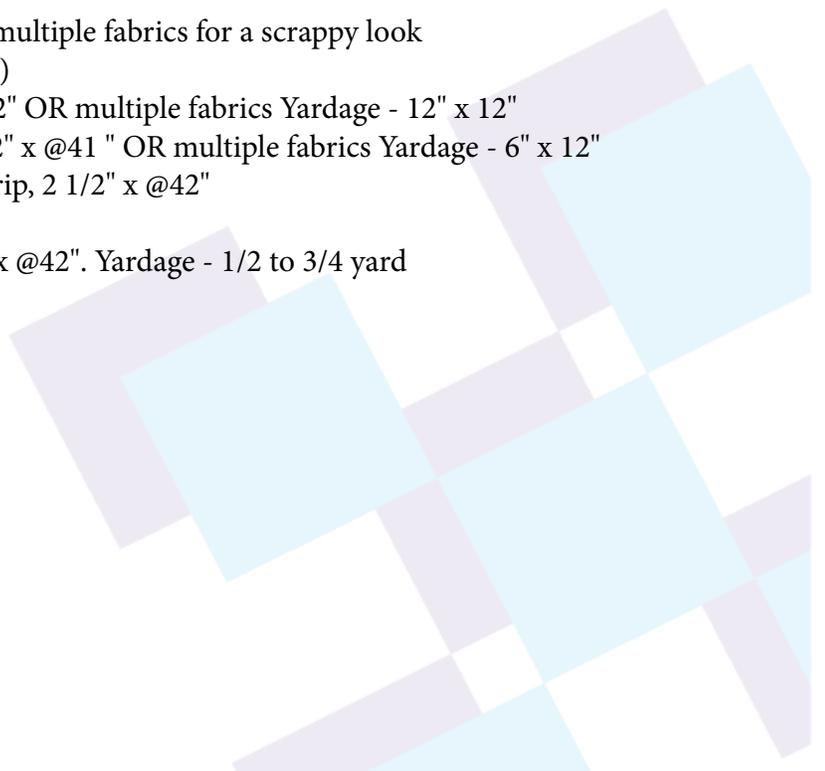
Ring: one strip 2 1/2" x @42" OR multiple fabrics for a scrappy look
Yardage - 1/4 yard (not all needed)

Center Star: one strip 2 1/2" x @42" OR multiple fabrics Yardage - 12" x 12"

Tulips (in corners): one strip 2 1/2" x @41" OR multiple fabrics Yardage - 6" x 12"

Tulip leaves (below tulips): one strip, 2 1/2" x @42"
Yardage - 6" x 12"

Background: 7 strips, each 2 1/2" x @42". Yardage - 1/2 to 3/4 yard





Friday, May 15, 2026
9:00am - 4:00pm
RIT Gordon Field House-
Show Site

Kate Colleran

Workshop
\$125 Members
\$150 Non-Members

"Spiral Galaxy" - Paper Piecing for Everyone

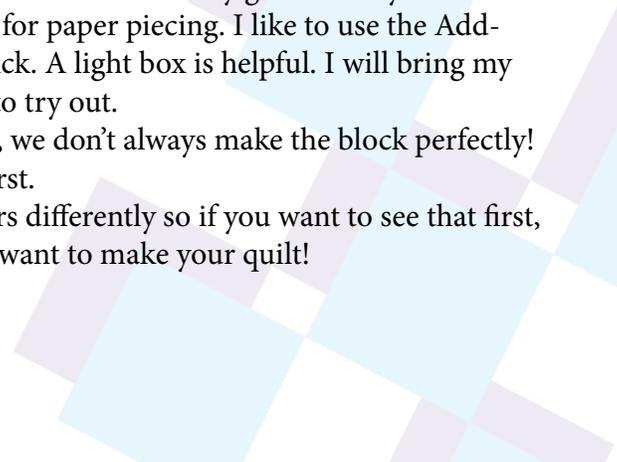
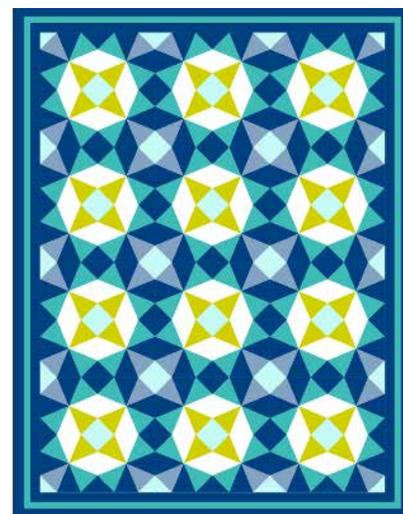
Unsure about paper piecing? Learn an easy way to paper piece while making this simple block. Once you have your blocks made, the quilt can be made to look different just by rotating the blocks! We will discuss color placement, look at the blocks in EQ and share ways to rotate and make different settings.

**BERNINA SEWING MACHINES WILL BE SUPPLIED
BY AURORA SEWING CENTER**

QuiltFest will be supplying full-sized irons

Supplies Needed:

- Needed for the workshop: Each person needs a Spiral Galaxy pattern; I can bring patterns. I will bring copies of the paper piecing patterns for paper piecing the units. Each person will get 2 blocks worth of paper piecing patterns from me in the workshop.
- To purchase the pattern ahead of time, you can check your local quilt shop. The pattern is also available on my website as both a printed paper pattern or a downloadable PDF pattern. If you order the paper pattern, please allow sufficient time for shipping.
- Other necessary supplies: Creative Grids® 45° Kaleidoscope and Dresden Plate ruler or template plastic to cut the triangle shapes, or another ruler to cut out the triangle shape.
- Thread in a neutral color.
- Basic sewing supplies including (but not limited to): rotary cutter, mat and ruler, pins, seam ripper (I call mine Jack), thread snips and whatever else you need to make the day go smoothly.
- Paper piecing supplies: Bring whatever supplies you like for paper piecing. I like to use the Add-A-Quarter Plus ruler, flat head flower pins, and a glue stick. A light box is helpful. I will bring my rulers (and light box if it fits in my suitcase!) for people to try out.
- Note: Sometimes when making a block for the first time, we don't always make the block perfectly! One option is to bring scraps to make a test block or 2 first.
- Also, I will share a few block options to arrange the colors differently so if you want to see that first, use scraps to make test blocks and then decide how you want to make your quilt!



"Spiral Galaxy" Workshop Precutting Instructions

Kate Colleran

BEFORE THE WORKSHOP:

Fabric A- cut: At least 1 strip 4" x WOF- sub cut into 4" x 4" squares and then cut each square in half on the diagonal x 1 for 2 half square triangles from each .

Fabrics B- F, cut: At least 1 strip 5 ½" x WOF of each fabric so we can cut out the shapes using template plastic or the Creative Grids® Kaleidoscope and Dresden Plate ruler. We'll cut the shapes in the workshop.

Fabric B only:

At least 1 strip 4" x WOF- sub cut into 4" x 4" squares and then cut each square in half on the diagonal x 1 for 2 half square triangles.

You won't need borders, binding or backing for class.

Fabric	Crib Quilt 41" x 59"	Lap Quilt 62" x 80"	Queen Quilt 98" x 98"
Fabric A- light or medium	½ yard	⅝ yard	1 ¼ yards
Fabric B- dark	1 ⅛ yards	1 ⅞ yards	3 ⅞ yards
Fabric C- medium dark	½ yard	¾ yard	1 ½ yards
Fabric D- medium or medium light	¾ yard	1 ⅜ yards	2 ¾ yards
Fabric E- white	¾ yard	1 ⅜ yards	2 ¾ yards
Fabric F- contrast	½ yard	¾ yard	1 ½ yards
Middle Border	⅜ yard	½ yard	⅝ yard
Inner and Outer Border	½ yard	1 ⅛ yards	1 ⅜ yards
Binding	½ yard	⅝ yard	¾ yard
Backing	2 ⅞ yards	5 yards	9 yards





Saturday, May 16, 2026
9:00am - 4:00pm
RIT Gordon Field House-
Show Site

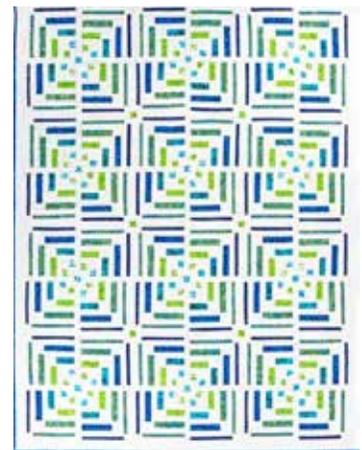
Kate Colleran

"Break Out - Modern Log Cabin Modified Quilt"

The Log Cabin block is so versatile; a classic block with many ways to change it up. In this workshop we will be making a modern version of the block. Students will get basic tips on getting that good ¼" seam allowance, chain piecing and more! Once you have your blocks made, we will discuss block placement in the quilt. Like any good log cabin block, the quilt can be made to look different just by rotating the blocks!

**BERNINA SEWING MACHINES WILL BE SUPPLIED
BY AURORA SEWING CENTER.**

QuiltFest will be supplying full-sized irons



Supplies Needed:

- You will need your own copy of the "Breakout" pattern before the workshop so that you can pre-cut your fabrics. You may order it from my website katecollerandesigns.com as a paper pattern that will be sent to your home or as a downloadable PDF.
- Basic sewing supplies - whatever you usually keep close by such as snips, seam ripper, pins ...
- Rotary cutter, mat and ruler
- Thread in a neutral color and pre-filled bobbins
- Small iron and ironing surface. Full sized irons will be supplied.

- **FABRICS**
- Please cut fabrics BEFORE the workshop! Cutting your fabrics before the workshop allows you to get started making your blocks.
- Plan to sew 2 or more blocks in the workshop. The workshop is about learning block construction, getting ideas on color placement, achieving a good ¼" seam and organizing the strips to sew the block in the correct order. How many blocks you make is up to you. In an all day workshop, we will have time for you to sit and sew and visit.
- Note: there are 2 sizes of the quilt in the pattern, lap and queen. The block sizes are different, so pay attention.

Refer to the cutting in the pattern for each of the fabrics. The pattern states when the pieces are needed for the sashing or borders so you can ignore those for now if you want. If you are only cutting for a block or 2 to make in class, note that for some of the fabrics, you will need one square or rectangle of each size per block; for others you will need two pieces.

Fabric Requirements:

Fabric	Lap Quilt 57" x 75"	Queen Quilt 96" x 96"
Fabric A- light blue	¼ yard	¾ yard
Fabric B- white background	4 ¼ yards	7 ¾ yards
Fabric C- light green	¼ yard	¼ yard
Fabric D- medium green	¾ yard	½ yard
Fabric E - medium blue	¾ yard	½ yard
Fabric F - med dark green	¾ yard	⅝ yard
Fabric G - med dark blue	¾ yard	⅝ yard
Fabric H - dark green	¾ yard	¾ yard
Fabric I - dark blue	¾ yard	¾ yard
Binding - I used more of fabric G	½ yard	¾ yard
Backing and Batting I used Warm 100 from The Warm Company	4 ¾ yards	8 ⅞ yards

Tip: another option is to cut fabrics from your stash to make a block or 2 in class and pick fabrics for your quilt later!! If you are just making the blocks for practice, you can make them into a runner or placemats later!



Saturday May 16, 2026
9:00am - 4:00pm
RIT Inn and Conference Center

Sue Heinz

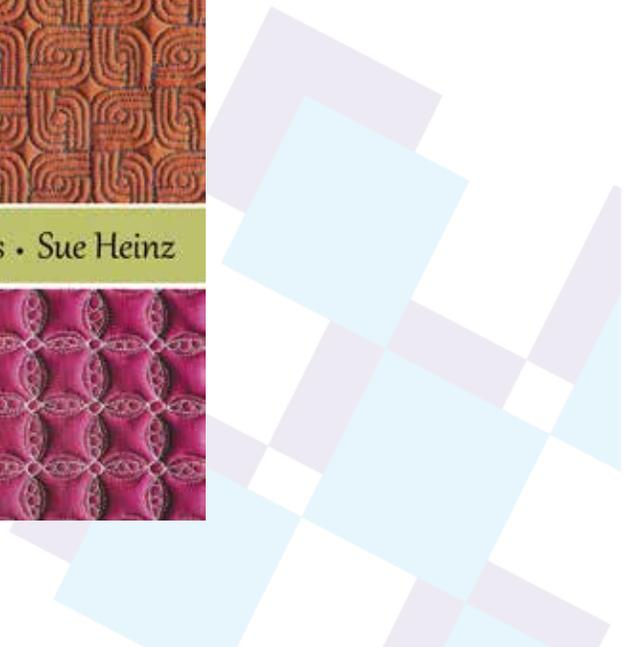
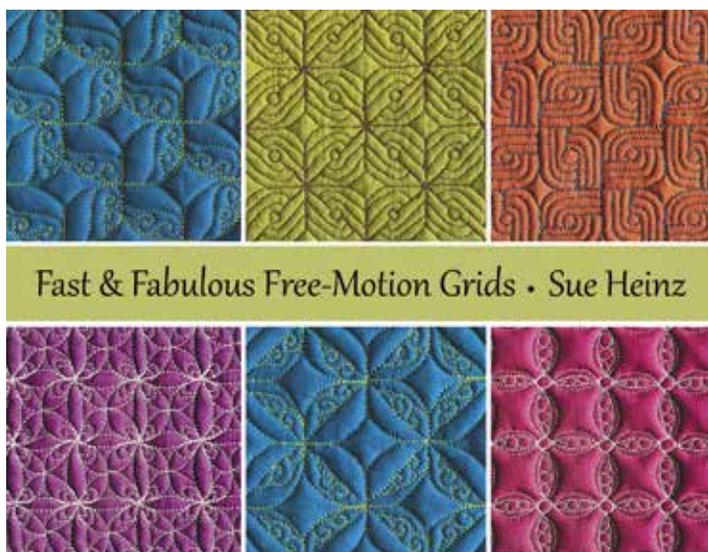
Workshop
\$125 Members
\$150 Non-Members

"Fast and Fabulous Grids Free-Motion Grid Designs"-A Drawing Workshop

Are you looking for fun, quick, and creative designs that produce stunning textures? Check out grid-based designs! Sue Heinz will share her unique continuous and circular grid patterns, demonstrating how easy it is to create complex-looking shapes 'fast and fabulously' using her original designs and incredible tools.

Supplies Needed:

- 0.7mm mechanical pencil (like the Bic Brand available at Target and Walmart) and a ballpoint pen, each with a comfort grip.
- Unlined, smooth-surfaced paper (loose leaf works best), for a few drawings. Much of the workshop drawing will be done on gridded paper or handouts (provided), so a small amount of unlined paper is all you'll need.





Saturday, May 16, 2026
9:00am - 4:00pm
RIT Inn and Conference

David Taylor

Workshop
\$125 Members
\$150 Non-Members

"Turned Edge Machine Appliqué"

This easy pattern is uniquely designed to teach my turned-edge, layered, machine-appliqué technique using freezer paper templates, liquid starch, and nylon invisible thread. Students will need to have a sewing machine with 'adjustable blind hem stitch' capability.

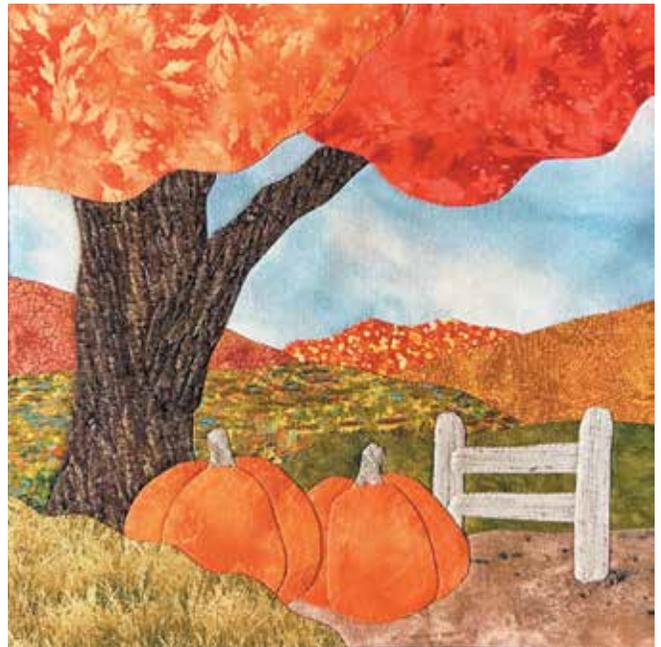
QuiltFest will be supplying full-sized irons.

Supplies Needed:

- Sewing machine with blind-hem stitch capability - Please bring the instruction manual for your machine!
- Small appliqué iron and ironing surface.
- Extension table for machine (helpful)
- Open toe or zigzag foot
- Paper scissors and fabric scissors
- Empty bobbin
- Appliqué pins: I use Bohin.
- Finger Stiletto or stiletto
- Tweezers (optional, but helpful)
- Thread snips
- Pencil

STUDENT KIT FEE: \$30

Kit includes pattern, freezer paper, prewashed fabrics, machine needle, bobbin thread and YLI "Wonder Invisible" thread.



Older-model Domestic Machines and basic straight stitch machine models are not well suited for this workshop



Sunday, May 17, 2026
11:00am - 2:00pm
RIT Gordon Field House-
Show Site

Kate Colleran

Half Day Workshop
\$75 Members
\$90 Non-Members

"Fun with Braids" - Table Runner

Braid quilts are so fun and really easy to make! Learn to cut braid pieces with the Braid Template and sew a braid using Kate's goof-proof method while making this quick and functional table runner. The Table Scraps runner is a great pattern for using up some of your scrap 2 1/2" strips. The braid is a creative technique to add to your quilting toolbox. You will be amazed at how many uses it has.



**BERNINA SEWING MACHINES WILL BE SUPPLIED
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QuiltFest will be supplying full-sized irons

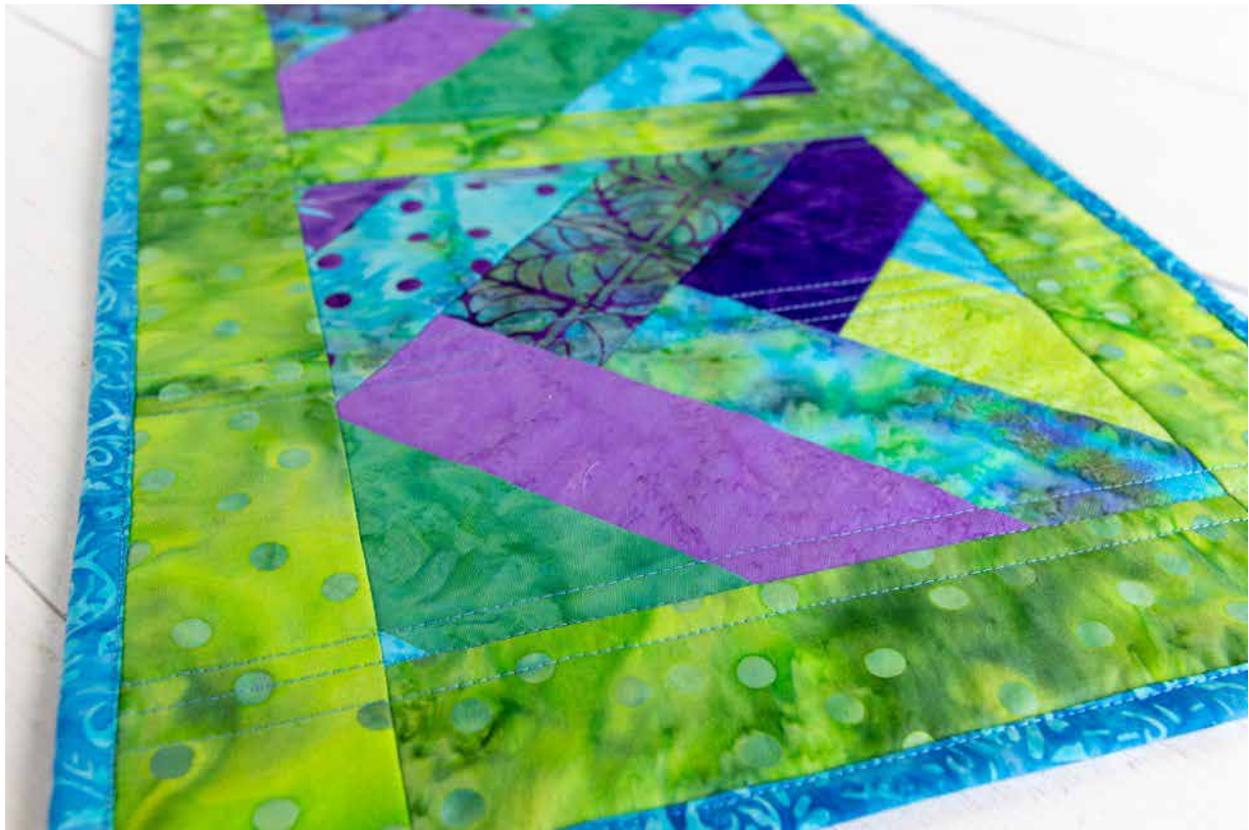
Supplies Needed:

- Each person needs their own Table Scraps pattern and a Braid Template. You can purchase them from my website or at your local quilt shop. I can bring some with me to the workshop if you let me know. katecollerandesigns.com
- Basic sewing supplies - whatever you usually keep close by such as snips, seam ripper, pins
- Helpful but not necessary: Wool pressing mat
- **FABRICS**
- Before the workshop PLEASE cut your strips!!!
- Braid Fabric: You will need 8 - 9 strips 2 1/2" x WOF for the braid section. LEAVE the strips long- we will cut the braid pieces together in the workshop.
- You can also use your stash and bring 2 1/2" strips that aren't a full WOF. I had a workshop where one woman used all her leftover Christmas fabric to make gifts for the next holiday!
- Fabric A: sashing and borders for the runner
- 1 strip 2" x WOF- sub cut into: 4 rectangles 2" x 8 1/2".
- 4 strips 2 1/2" x WOF- sub cut into 2 rectangles 2 1/2" x 8 1/2"; the rest of the strips will be for the long borders.
- We may or may not get to add the sashings and borders in the workshop but if you cut ahead, you will have them ready, just in case! You won't need binding or backing for the workshop. See pattern for details.

"Fun with Braids" - Table Runner - Precutting Instructions

Kate Colleran

Fabric	Table runner 12" x 50"	2 Placemats 12" x 17"
Braid Fabrics	8-9 strips 2 ½" x WOF	6 strips 1 ½" x WOF
Fabric A- runner only sashing and borders	½ yard	n/a
Fabric B- placemats only	n/a	¼ yard
Fabric C- placemats only	n/a	¼ yard
Binding	¾ yard	¾ yard
Backing	¾ yard	¾ yard





May 15-17, 2026

**RIT Gordon Field House- Show Site
Lectures
\$20.00 each**

"Winning Quilts Tour"

Friday May 15, 2026. 10:30 am

Friday May 15, 2026. 1:30 pm

Dina Newbert

Dina, one of the judges for this show, will guide you through the quilts on the show floor to highlight features of the winning quilts that caught the judges' eyes. This is a walking tour.

"360° Free-Motion Grid Designs"

Sue Heinz

Create Mesmerizing Designs using Circular Grids—A 'Draw Along With Me' lecture

Friday May 15, 2026. 11:00 am

Learn how to use a pre-marked circular grid to turn simple shapes into stunning medallions and wreaths. Bring a pencil and a sturdy drawing surface, and prepare to be amazed!



"You've Got a Friend Named Elmer"

Sue Heinz

Friday May 15, 2026. 2:00 pm

Wouldn't you love to have guaranteed seam alignment, perfect pattern matching, easily pieced circles, no bias stretch, and the ability to create unique specialty borders or make your own patterns? Join me for a must-see lecture.

"Sustainable Quilting: Saving the Planet Through Your Stash"

Saturday May 16, 2024. 11:30 pm

Dina Newbert

Join me for an interactive and inspiring lecture on Sustainable Quilting, where we'll explore how simple, mindful choices can make a big difference for the planet. Together, we'll look at ways to get the most out of your fabric stash, reduce waste, and make your quilting practice more eco-friendly. You'll discover practical tips and thoughtful strategies for quilting with the environment in mind, proving that even small steps can lead to meaningful change. Whether you're a seasoned quilter or just getting started, you'll leave with fresh ideas and a renewed sense of purpose in your creative work.